#### INSTITUT KESELAMATAN DAN KESIHATAN PEKERJAAN NEGARA



NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

KURIKULUM KURSUS COURSE CURRICULUM TEL: 03 - 8911 3800 FAX: 03 - 8926 3900 URL: www.niosh.com.my



COURSE TITLE	: Fundamental OSH for Supervisor (Remote Learning)		
COURSE DURATION	: 2-day(s) / 13.50-hour(s)	COURSE CODE	: FOSH-SV-RL
COURSE CATEGORY	: Non-Competency	COURSE LEVEL	: Basic
HRD CORP SCHEME	: Claimable		
COURSE FEE	: RM 432.00 (inclusive of 8% SST)		

### 1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Explain the roles, responsibilities and functions as a supervisor with respect to OSH at the workplace.
- ii. Understand and implement the various OSH programme.

#### 2. TARGET GROUP(S):

i. Supervisors and interested parties.

#### 3. ENTRY REQUIREMENT(S):

- i. Able to read and write in Malay/ English.
- ii. Must have device (Computer/Laptop) to participate in e-learning platform. The use of mobile phones is NOT PERMITTED; **AND**
- iii. Must have good internet connection; AND
- iv. Zoom account registered with personal email.
- v. Must use Google Chrome or Mozilla Firefox only.

#### 4. TOPIC(S):

- i. Course Introduction and Ice Breaking.
- ii. Overview of OSH Management System.
- iii. Supervisor Responsibilities.
- iv. Risk Assessment.
- v. Safe Work Practices.
- vi. Inspection, Audit and Incident Investigation.

#### 5. LIST OF REFERENCE BOOK(S):

i. Occupational Safety and Health Act 1994.

#### 6. LIST OF TEACHING AID(S):

- i. Computer/Laptop.
- ii. Learning accessories.

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# 7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Spot the hazards.
- iii. Discussion and site video



# COURSE TITLE: FUNDAMENTAL OSH FOR SUPERVISOR (REMOTE LEARNING)

#### DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0830 – 0845	0.25	Registration Course	NIOSH
0845 – 0915	0.50	Course Introduction and Ice Breaking • Information of Industries • Incident Statistic • Lesson Learned Case	
0915 – 1045	1.50	Overview of OSH Management System • Legal Requirements • OSHMS MS1722: 2011	
1045 – 1100	0.25	BREAK	
1100 – 1315	2.25	Supervisor Responsibilities • Responsibilities • OSH Consultations and Communications	
1315 – 1415	1.00	LUNCH BREAK	
1415 – 1545	1.50	Risk Assessment • Overview of HIRARC • Classroom Activity	
1545 – 1600	0.25	BREAK	
1600 - 1715	1.25	Risk Assessment (Continuation) • Overview of HIRARC • Classroom Activity	
	7.00	END OF DAY ONE	

		NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH		
		COURSE SCHEDULE		
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# DAY TWO

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0900 – 1030	1.50	Safe Work Practices • PTW • JHA • PPE • Machinery Guarding • SOP	
1030 – 1045	0.25	BREAK	
1045 – 1215	1.50	Continuation	
1215 – 1315	1.00	Inspection, Audit and Incident Investigation • Behavioural Safety – Unsafe Act/ Unsafe Condition • Safety Inspection/ Audit • Incident Investigation • Classroom Activity	
1315 – 1415	1.00	LUNCH BREAK	
1415 – 1545	1.50	Continuation	
1545 – 1600	0.25	BREAK	
1600 – 1700	1.00	Continuation	
	6.50	END OF THE COURSE	